



2023 Newberg Boosters Scholarship Recipient



Grant Waldal

NHS Water Polo, Swimming

Arizona State University

- Grant plans to major in Kinesiology at Arizona State University and get on the pre-med track to become an Orthopedic Surgeon, or potentially a Physician Assistant or Physical Therapist.
- One piece of advice I would give to all incoming high school athletes is to treat your team like family. As a team, it is necessary to have each other's respect and trust in order to succeed. By treating teammates like family, you build a relationship that will help lead the team on the path to success. Not only does treating teammates as family lead to greater success, but the memories created with them become that much more meaningful and will establish a sense of belonging.